



SHELTER WISH LIST 2019

Often women and children arrive at our shelter with nothing but the clothing on their backs and no access to their finances. Gift Cards/Certificates are crucial in helping us meet the personal needs that women and their children have during their stay here.

Grocery Stores Dollar Stores Malls Department Stores Clothing Stores Drug Stores Sports Stores	Home Furnishing Stores Coach Lines Movie Theaters Book Stores Hardware Stores Amazon
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Many items are needed year round at the shelter to provide a functional and comfortable experience for the women and children who stay with us.

PERSONAL CARE ITEMS	FOR USE IN THE SHELTER
<ul style="list-style-type: none"> • Feminine Hygiene Products • Regular sized Shampoo & Conditioner • New, seasonally appropriate clothing • Hoodies (Adult & Youth sizes) • Hair Styling Products & Accessories • New Socks & Underwear for Women & Children • Baby Wipes / Diaper Cream • Women's Pajamas / Housecoats • Diapers / Pull-Ups – esp size 5 & 6 • Foldable Luggage / Bags • New Children's Shoes & Boots • Backpacks • Children's Lunch Kits • Air Mattresses • Umbrellas 	<ul style="list-style-type: none"> • Kitchen Supplies / towels / dishcloths / ziplock bags / foil / Saran Wrap • Mesh Fruit and Veggie Bags for grocery shopping • Gift Bags • Bath towels and facecloths • Bedding for Single Beds • Large plastic storage bins with lids • New pillows • Pillow cases/protectors • Journals / Day Planners • AAA and AA Batteries • Baby Monitors • New Strollers • Bikes & Helmets for Adults & Kids • Water bottles, travelling mugs • BC Transit Bus Passes or Tickets • New children's ride-on toys • Hair Dryers • Recreation Centre Passes



ADDITIONAL OPTION – NEW HOME START-UP KITS

Create a care packages, that will help women set up their new household when they leave the Shelter. These work best when packed into a reusable tote bin and can include any combination of the following items (new only please):

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| <ul style="list-style-type: none">• Towels/Cloths for Kitchen/Bath• Cooking/Kitchen Utensils• Cleaning Supplies & Tools• Dish Sets / Drinking Glasses• Cutlery• Set of Knives• Pots & Pans / Baking Pans | <ul style="list-style-type: none">• Toilet Brush• Toilet Paper• Plastic/Foil Wrap & Zip Bags• Dish Drainer• Wall or Alarm Clock• Pillow Cases / Sheets• Reusable Containers (Tupperware) |
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Suggestions for Christmas Hampers

For those who are looking to make a donation towards our Christmas Hamper Program, here are some additional ideas, based on what has been useful to our clients in the past.

Gift Ideas for Women	
Gift Cards / Certificates for:	
<ul style="list-style-type: none"> • Haircuts, Massages, Nails, etc. • Clothing /Shoe Stores • Drug Stores • Movie Theaters • Recreation Centre Passes 	<ul style="list-style-type: none"> • Department Stores / Malls • Home Furnishing Stores • BC Transit Passes and/or Tickets • Restaurants / Coffee Shops
Gift Items:	
<ul style="list-style-type: none"> • Socks or Slippers • Journal, Calendar, Day Planner • Small Appliances • Picture Frames • Clock • Tote Bag / Backpack • Bedding (pillows / blankets / comforter) 	<ul style="list-style-type: none"> • Cozy Sleepwear / Housecoat • Scarf / Gloves • Skin Care and Beauty Products • Bath/Kitchen Towels and Accessories • Watch / Jewelry • Kitchen Items (pots / pans / dishes / utensils) • Something you would pick out for your best friend

Gift Ideas for Children	
<ul style="list-style-type: none"> • Movie Theater Passes • BC Museum / IMAX passes • Craft Supplies (painting supplies, markers, coloured pencils and paper) • Journals, Sketch Books • Activity Books (stickers, word search, etc) • Remote Control Toys (& batteries) • Hoodies for Youth / Teens • Gift Certificates with Youth/Teen focus, such as Mall / iTunes etc. • iPod Shuffle / Ear Buds • Pajamas / Socks / Slippers • Clothing (sizes 4 and up especially) 	<ul style="list-style-type: none"> • Special Blanket / Pillow / Towel • Board Games • Puzzles for a variety of ages • LEGO, Building Blocks • Play Doh • Book Store Gift Certificate • Books & DVD's • Discovery Toys • Marble Works / Tower • Multi-Ethnic Dolls • Dress up Clothes / Costumes • Play Kits (Kitchen, Tools, Doctor etc)

We thank you in advance for your contribution towards Making Spirits Bright this Christmas, for the women and children who use our Shelter. For more information, please contact us at christmas@vwth.bc.ca or by phone at 250-380-7527 ext. 110.