



## SHELTER WISH LIST 2018

***Often women and children arrive at our shelter with nothing but the clothing on their backs and no access to their finances. Gift Cards/Certificates are crucial in helping us meet the personal needs that women and their children have during their stay here.***

<ul style="list-style-type: none"> <li>Grocery Stores</li> <li>Dollar Stores</li> <li>Department Stores</li> <li>Clothing Stores</li> <li>Drug Stores</li> </ul>	<ul style="list-style-type: none"> <li>Home Furnishing Stores</li> <li>Coach Lines</li> <li>Movie Theaters</li> <li>Book Stores</li> <li>Hardware Stores</li> </ul>
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***Many items are needed year round at the shelter to provide a functional and comfortable experience for the women and children who stay with us.***

PERSONAL CARE ITEMS	FOR USE IN THE SHELTER
<ul style="list-style-type: none"> <li>• Feminine Hygiene Products</li> <li>• Regular sized Shampoo &amp; Conditioner</li> <li>• New, seasonally appropriate clothing</li> <li>• Hoodies (Adult &amp; Youth sizes)</li> <li>• Hair Styling Products &amp; Accessories</li> <li>• <b>New Socks &amp; Underwear for Women &amp; Children</b></li> <li>• Baby Wipes / Diaper Cream</li> <li>• Women's Pajamas / Housecoats</li> <li>• Diapers / Pull-Ups – <b>esp size 5 &amp; 6</b></li> <li>• Foldable Luggage / Bags</li> <li>• New Children's Shoes &amp; Boots</li> <li>• Backpacks</li> <li>• Children's Lunch Kits</li> <li>• <b>Air Mattresses</b></li> <li>• Umbrellas</li> </ul>	<ul style="list-style-type: none"> <li>• Kitchen Supplies / towels / dishcloths</li> <li>• Gift Bags</li> <li>• Bath towels and facecloths</li> <li>• Bedding for Single Beds</li> <li>• Large plastic storage bins with lids</li> <li>• New pillows</li> <li>• Pillow cases/protectors</li> <li>• Journals / Day Planners</li> <li>• AAA and AA Batteries</li> <li>• Baby Monitors</li> <li>• New Strollers</li> <li>• Bikes &amp; Helmets for Adults &amp; Kids</li> <li>• Water bottles, travelling mugs</li> <li>• BC Transit Bus Passes or Tickets</li> <li>• New children's ride-on toys</li> <li>• Hair Dryers</li> </ul>

### ADDITIONAL OPTION – NEW HOME START-UP KITS

**Create a care packages, that will help women set up their new household when they leave the Shelter. These work best when packed into a reusable tote bin and can include any combination of the following items (new only please):**

<ul style="list-style-type: none"> <li>• <b>Pots &amp; Pans / Baking Pans</b></li> <li>• <b>Towels/Cloths for Kitchen/Bath</b></li> <li>• <b>Cooking/Kitchen Utensils</b></li> <li>• <b>Cleaning Supplies &amp; Tools</b></li> <li>• <b>Dish Sets / Drinking Glasses</b></li> <li>• <b>Cutlery</b></li> <li>• <b>Set of Knives</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Toilet Brush</b></li> <li>• <b>Toilet Paper</b></li> <li>• <b>Plastic/Foil Wrap &amp; Zip Bags</b></li> <li>• <b>Dish Drainer</b></li> <li>• <b>Wall or Alarm Clock</b></li> <li>• <b>Pillow Cases</b></li> <li>• <b>Reusable Containers (Tupperware)</b></li> </ul>
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## Suggestions for Christmas Hampers

For those who are looking to make a donation towards our Christmas Hamper Program, here are some additional ideas, based on what has been useful to our clients in the past.

Gift Ideas for Women	
<b>Gift Cards / Certificates for:</b>	
<ul style="list-style-type: none"> <li>• Haircuts, Massages, Nails, etc.</li> <li>• Clothing /Shoe Stores</li> <li>• Drug Stores</li> <li>• Movie Theaters</li> </ul>	<ul style="list-style-type: none"> <li>• Department Stores / Malls</li> <li>• Home Furnishing Stores</li> <li>• BC Transit Passes and/or Tickets</li> <li>• Restaurants / Coffee Shops</li> </ul>
<b>Gift Items:</b>	
<ul style="list-style-type: none"> <li>• Socks or Slippers</li> <li>• Journal, Calendar, Day Planner</li> <li>• Small Appliances</li> <li>• Picture Frames</li> <li>• Clock</li> <li>• Tote Bag / Backpack</li> <li>• Bedding (pillows / blankets / comforter)</li> </ul>	<ul style="list-style-type: none"> <li>• Cozy Sleepwear / Housecoat</li> <li>• Scarf / Gloves</li> <li>• Skin Care and Beauty Products</li> <li>• Bath/Kitchen Towels and Accessories</li> <li>• Watch / Jewelry</li> <li>• Kitchen Items (pots / pans / dishes / utensils)</li> <li>• Something you would pick out for your best friend</li> </ul>

Gift Ideas for Children	
<ul style="list-style-type: none"> <li>• Movie Theater Passes</li> <li>• BC Museum / IMAX passes</li> <li>• Craft Supplies (painting supplies, markers, coloured pencils and paper)</li> <li>• Journals, Sketch Books</li> <li>• Activity Books (stickers, word search, etc)</li> <li>• Remote Control Toys (&amp; batteries)</li> <li>• <b>Hoodies for Youth / Teens</b></li> <li>• Gift Certificates with Youth/Teen focus, such as Mall / iTunes etc.</li> <li>• iPod Shuffle / Ear Buds</li> <li>• Pajamas / Socks / Slippers</li> <li>• Clothing (sizes 4 and up especially)</li> </ul>	<ul style="list-style-type: none"> <li>• Special Blanket / Pillow / Towel</li> <li>• Board Games</li> <li>• Puzzles for a variety of ages</li> <li>• LEGO, Building Blocks</li> <li>• Play Doh</li> <li>• Book Store Gift Certificate</li> <li>• Books &amp; DVD's</li> <li>• Discovery Toys</li> <li>• Marble Works / Tower</li> <li>• Multi-Ethnic Dolls</li> <li>• Dress up Clothes / Costumes</li> <li>• Play Kits (Kitchen, Tools, Doctor etc)</li> </ul>

We thank you in advance for your contribution towards Making Spirits Bright this Christmas, for the women and children who use our Shelter. For more information, please contact us at [christmas@vwth.bc.ca](mailto:christmas@vwth.bc.ca) or by phone at 250-380-7527 ext. 110.