

September 2016



Annual General Meeting

We are looking to grow our membership. Please consider joining the Victoria Women's Transition House Society and attending our Annual General Meeting on September 15th.

Annual General Meeting

The Board of Directors of
Victoria Women's Transition House Society
invite you to attend our Annual General Meeting

Thursday, September 15, 2016
2:00 - 4:00 pm
at Carlton House Oak Bay
2080 Oak Bay Ave.

Registration & Refreshments: 2:00 - 2:30 pm
Business Meeting: 2:30 - 4:00 pm

RSVP to Myriah by September 8th
myriahb@vwth.bc.ca 250-592-2927 ext. 213



In Her Words

I would like to thank everyone at VWTH who was there for me through a very difficult time of my life. You helped me recognize the strength within myself to make positive changes in

my life for my health and well-being and for that of my children. I am ever so grateful to have found such a supportive organization. Your service to women and children is invaluable.

Thank you for your kindness and support.

~ A VWTH Client

WELCOME KITS NEEDED!!



A welcome kit is a pack of full-sized toiletries (no small, sample sizes, please) placed in bedrooms for new residents when they arrive at the Emergency Shelter. Each kit contains basic items for use by the women and their children during their stay at the Shelter, which is often up to 30 days.

Separate welcome kits are created for children, so that they also get to feel a little pampered too, right from the start! The basic welcome kits contain the following new and unopened items.

Welcome Kits are needed all year round, and make a fun and heartwarming group activity for friends, co-workers or school groups. If you would like to donate a Welcome Kit or Kits, please contact [Joanna Verano](#) or visit our [website](#).

Fashion for Transition Fall Fashion Show

Join Us!

Fashion for Transition is a Fashion Show fundraiser, an evening of style and philanthropy, featuring highlights from the fall collections of **Tulipe Noir** and **Outlooks for Men**. A vibrant parade of men's and women's fashions will be featured on more than a dozen models (watch for the local

Fashion for Transition Fall Fashion Show



Raymond James Ltd., member Canadian Investor Protection Fund.

For more information, contact [Myriah](#) at VWTH,
250-592-2927 ext 213.

celebrities!) accompanied to upbeat music, cocktails, canapés and a lively silent auction. Presented by **Willow Wealth Management - Raymond James** and hosted by **Tess van Straaten** from CHEK News, *Fashion in Transition* will support women's and children's counselling programs at Victoria Women's Transition House.



DATE:

Tess van Straaten

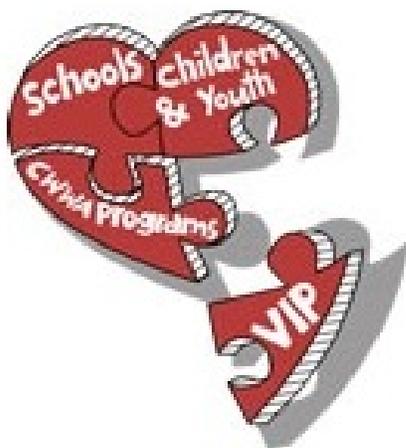
Thursday, October 13, 2016

TIME: 7pm

**PLACE: Oak Bay Beach Hotel,
David Foster Theatre**

**TICKETS: \$50 available from
concept-couture.ca**

Violence is Preventable (VIP) Outreach Program



It's the start of another school year and our **Children Who Witness Abuse (CWWA)** Team is looking forward to delivering the **Violence is Preventable (VIP)** outreach project to students and educators.

VIP is a 90-minute, interactive workshop presented by our specialized Children Who Witness Abuse counselling team to groups of children and youth as well as teachers and educators. The goal of VIP is to help break the cycle of violence against women and children by

raising youth awareness about dating violence, healthy relationships, communication, boundaries and more.

"Behaviours such as teasing, verbal cut-downs, taunting, constant texting and control over who a person hangs out with are all subtle signs of abuse that begin to emerge as early as middle school," explains Kerilee of the Violence is Preventable Project (VIP). "It's important to engage youth in conversations about relationship violence and abuse early,"

adds Kerilee. "We hope to empower them to become advocates to their peer groups, so that they can recognize these behaviours in themselves and others and know what to do about it."

VIP has been visiting classrooms in the Greater Victoria area for over 10 years in an effort to teach middle and high school students about the signs of dating violence and to ensure that they have access to resources if they themselves or someone they know has witnessed or experienced relationship violence or abuse.

The program makes it safe for children and youth to speak up in schools about their experiences and it increases the awareness of teachers, school staff, parents and caregivers as well as students about violence in relationships and its effects on the community.

To learn more or to invite the Violence is Preventable Project to your child's school or youth group, please call 250.592.2927. And if you wish to financially support VIP or other VWTH community outreach programs, please contact our Development Director, Susan Howard, 250-592-2927 ext. 210 or susanh@vwth.bc.ca. We are always looking for community partners and donors to help enhance our community education efforts.



Canada Post
**Community
Foundation**

*Thank you to the **Canada Post Community Foundation** for your support of this program.*

Farewell Zoey

If you noticed how active the VWTH social media channels were all summer, this was because we were incredibly fortunate to work with this amazing young woman who joined our team as our Summer Social Media Intern. A Business Management student from University of Victoria, Zoey's incredible attention to detail, amazing energy, enthusiasm, motivation and genuine interest to learn, just made her such a delightful person to work with and we are all really going to miss her.



We say goodbye and wish her all the best as she embarks on yet another adventure, as she spends her Fall semester in France.

Good luck with everything Zoey and thank you so much for all the great work you did for VWTH!

Stay connected with us on social media:



Save the Date!

September 15: [Victoria Women's Transition House, Annual General Meeting](#)

September 23: [4th Annual Raise the Roof for Shelter Event](#)

September 28: [Soup Sisters](#) - SOLD OUT

September 29: [VWTH Night at The Belfry Theatre](#) - SOLD OUT

October 13: [Willow Wealth Management of Raymond James presents Fashion for Transition](#)

November 2: [Soup Sisters](#) - join VWTH Staff & Supporters. Only 10 spots left!

Thank you Victoria Golf Club



Special thanks to Transition House supporter, **Dr. Vicki Mather**, for hosting more than 60 women at a lively **Ladies' Garden Party** on August 17th and to **Tilly Enriquez and the Victoria Golf Club** and its members for directing a portion of the proceeds from the Saturday, August 20th **Charity Golf Tournament** and adjunct events to Victoria Women's Transition House.

Thank you to the participants at these events, the sponsors and donors. We are so grateful for your support.

THANK YOU!

Thank you SmartDolphins IT Solutions Inc



Thank you to the staff and supporters at **SmartDolphins** for their generous donation to our **Children Who Witness Abuse Digital Storytelling Program**.

We appreciate your support! **SmartDolphins** joins **TELUS, Island Savings** and individual donors in support of this innovative youth counselling program.

If you are interested in learning more about Digital Storytelling, please contact Development Director, [Susan Howard](#) at 250-592-2927 ext. 210.

Your support and generous donations are always appreciated. Thank you for supporting women, with or without children, fleeing domestic abuse.

You can make a difference.
Donate Now!

Victoria Women's Transition House Society is a registered charity.
Our charitable registration number is: 10817 3501 RR0001.