

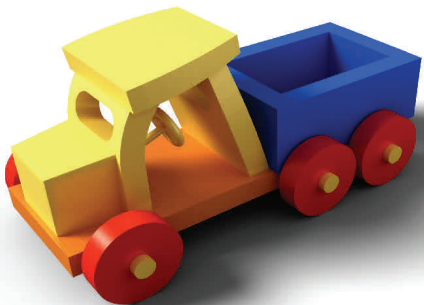
How We Help

One in 4 women will experience relationship abuse or violence and children are present during 80% of those incidents.

Children who witness abuse are profoundly affected by the violence they see and experience. As well, children as young as middle school may begin to experience dating abuse and violence.

Our programs for Children and Youth provide support, counselling and education to ensure they can access the tools and resources they need to feel safe and to enjoy healthy relationships as they grow.

Counselling helps children recognize abusive behaviour, look at alternatives to violence and break the inter-generational cycle of abuse.



Our program philosophy is one of support and caring.

Through our programs we aim to:

- provide a non-threatening environment to explore and understand feelings
- teach healthy ways to express emotions such as anger, hurt and fear
- let children know they are not alone - and they are not to blame
- teach safety and problem-solving skills
- define abuse and raise awareness about personal rights

A Community of Support

We work with a wide variety of community partners in delivering our programs as well as more than 75 skilled volunteers and hundreds of generous financial and in-kind donors.

We extend warm thanks to all of our collaborators and supporters, together we are getting closer to our vision of a community free of relationship violence and abuse.

To get involved, make a donation or volunteer, contact us at 250.592.2927, email info@vwith.bc.ca or visit www.transitionhouse.net.

Our aim is to dispel myths surrounding family violence and spousal abuse and to give children tools for dealing with their feelings and experiences.

For a child who has witnessed abuse, this help can make all the difference in the world.

Programs and Services

We offer a variety of programs to help children and youth heal from the effects of domestic abuse and relationship violence and to prevent relationship abuse as they grow.

Programs include:

- Children Who Witness Abuse Program: one to one and group support for children and mothers
- Summer Camp for Kids: Two week sessions offering personal development, support and recreation
- Violence is Preventable: school based violence prevention education for middle and secondary schools
- Shelter Children's Program: Counselling, activities and support for children and youth staying at our shelter.

Please contact us for more information at 250.592.2927 or info@vwth.bc.ca.

**24 Hour
Crisis &
Information Line
250-385-6611**



For more information, please contact
info@vwth.bc.ca
T: 250-592-2927

100-3060 Cedar Hill Road
Victoria, BC V8T 3J5

www.transitionhouse.net
Creating Hopeful Futures



Children & Youth Programs

**Support, Education and
Counselling for 3-18
year olds**

