



**Learning to play
is part of the healing process.**



24 Hour Crisis Line
(250) 385-6611

Community Office
#100 – 3060 Cedar Hill Road,
Victoria, B.C. V8T 3J5

Phone: (250) 592-2927
Fax: (250) 592-9279
Email: info@vwth.bc.ca
Website: www.transitionhouse.net

CHILDREN WHO WITNESS ABUSE COUNSELLING PROGRAM



- ❖ individual and group counselling
- ❖ support for mothers
- ❖ for children aged 3 to 18

**Help for children
who have witnessed abuse.**

Children who witness abuse are profoundly affected by the violence they see and experience. The Children Who Witness Abuse Counselling Program is for children aged 3 to 18. Counselling helps children recognize abusive behaviour, look at alternatives to violence and break the inter-generational cycle of abuse. We offer both individual and group counselling for children and support for mothers. We also provide public education about the effects of witnessing abuse and facilitate dating violence prevention presentations to high schools.



Our aim is to dispel myths surrounding family violence and spousal abuse and to give children tools for dealing with their feelings and experiences.

For a child who has witnessed abuse, this help can make all the difference in the world.



Our program philosophy is one of support and caring.

Our goals for the children in the program are to:

- provide a non-threatening environment to explore and understand feelings
- teach healthy ways to express emotions such as anger, hurt and fear
- let children know they are not alone - and they are not to blame
- teach safety and problem-solving skills
- define abuse and raise awareness about personal rights



What is the Victoria Women's Transition House Society?

The Victoria Women's Transition House Society provides shelter and services for women, with or without children, who are experiencing abuse in their intimate relationships. We are a charitable agency funded by the Ministry of Community Services, the Ministry of Public Safety and Solicitor General, the Ministry for Children and Family Development together with community funding partners and private donations.

24 Hour Shelter & Crisis Line
(250) 385-6611

Children Who Witness Abuse Program
(250) 592-2927 ext. 204 or 205

Older Women's Outreach and Safe Home Program
(250) 592-2927 ext. 223

Resource Development Office
(250) 592-2927 ext. 214

Spousal Assault Victim Support Programs
Victoria (250) 356-1201
Western Communities (250) 391-2864

Stopping the Violence Counselling Program
(250) 592-2927 ext. 202

Volunteer Program
(250) 592-2927 ext. 222

Community Office
Phone: (250) 592-2927
Fax: (250) 592-9279