

**CHILDREN'S SHELTER PROGRAM**



**Learning to play  
is part of the healing process.**



**24 Hour Crisis Line**  
(250) 385-6611

**Community Office**  
#100 – 3060 Cedar Hill Road,  
Victoria, B.C. V8T 3J5

Phone: (250) 592-2927  
Fax: (250) 592-9279  
Email: [info@vwth.bc.ca](mailto:info@vwth.bc.ca)  
Website: [www.transitionhouse.net](http://www.transitionhouse.net)



- ❖ intervention programs for children including short-term crisis counselling
- ❖ education and support for mothers

**Help for children  
who stay at the Shelter.**

Intervention programs for children are essential in order to stop the inter-generational cycle of abuse. Not all children who witness abuse grow up to be abused or become abusive, especially if they receive counselling or have a positive role model to follow at some time in their lives. These are core beliefs of the Victoria Women's Transition House Society.

### **In-House Children's Program**

Mothers and children are offered a variety of services while residing at the Shelter.



#### **These services include:**

- access to individual, short-term crisis counselling with the on-site children's counsellor
- parent education and support as well as referrals to community resources
- access to children's activity workers
- child-minding while mothers attend appointments
- providing cultural and recreational activities for children both in the Shelter and out in the community

#### **We have four primary goals in delivering this program:**

- reassuring children that they are not to blame
- providing children with the opportunity to talk about what they have experienced
- providing children with an opportunity to identify and/or express feelings resulting from their experiences
- establishing a safe, secure, comfortable and fun environment for children of all ages
- creating safety plans with children (safety plans teach children how to take emergency action, such as calling 911, identifying a safe adult and identifying a safe place within the home)



#### **What is the Victoria Women's Transition House Society?**

The Victoria Women's Transition House Society provides shelter and services for women, with or without children, who are experiencing abuse in their intimate relationships. We are a charitable agency funded by the Ministry of Community Services, the Ministry of Public Safety and Solicitor General, the Ministry for Children and Family Development together with community funding partners and private donations.

#### **24 Hour Shelter & Crisis Line**

(250) 385-6611

#### **Children Who Witness Abuse Program**

(250) 592-2927 ext. 204 or 205

#### **Older Women's Outreach and Safe Home Program**

(250) 592-2927 ext. 223

#### **Resource Development Office**

(250) 592-2927 ext. 214

#### **Spousal Assault Victim Support Programs**

Victoria (250) 356-1201

Western Communities (250) 391-2864

#### **Stopping the Violence Counselling Program**

(250) 592-2927 ext. 202

#### **Volunteer Program**

(250) 592-2927 ext. 222

#### **Community Office**

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