

CELEBRATING **35 YEARS** OF SERVICE IN THE COMMUNITY



VICTORIA WOMEN'S  
*Transition House*

**TARGET STORAGE Mission Transition**

Team of Victoria Women's Transition House Society

In the 2010 GoodLife Fitness Victoria Marathon



SOCIETY

100 – 3060 Cedar Hill Road, Victoria BC V8T 3J5 • P 250-592-2927 x214 • F 250-592-9279 • E [elissab@vwth.bc.ca](mailto:elissab@vwth.bc.ca)  
[www.transitionhouse.net](http://www.transitionhouse.net)

## Important Dates and Times



**May 15—Special Registration Rate**

**June 15—Early Registration Rate**

Online Registration at <http://www.eventsonline.ca/events/vicmara/>

Once you have registered for TARGET STORAGE Mission: Transition, please email Elissa at [elissab@vwth.bc.ca](mailto:elissab@vwth.bc.ca)

|  | <b>Special</b><br>until May 15   | <b>Early</b><br>until July 15 | <b>Regular</b><br>until Sept. 15 | <b>Late</b><br>until Oct. 9 |
|--|--|-------------------------------|----------------------------------|-----------------------------|
| <b>Marathon</b> (Race Cap – 4000)<br><i>*Shirt not guaranteed after October 7</i>                  | <b>\$85</b>  | \$95                          | \$105                            | \$130                       |
| <b>Half Marathon</b> (Race Cap – 6800)<br><i>*Shirt not guaranteed after October 7</i>             | <b>\$60</b>  | \$70                          | \$80                             | \$90                        |
| <b>8K Road Race</b> (Race Cap – 4000)<br><i>*Shirt not guaranteed after October 3</i>              | <b>\$30</b>  | \$35                          | \$40                             | \$45                        |
| <b>THRIFTY FOODS Kids Run</b> (Race Cap–1000)<br><i>*Shirt size not guaranteed after October 7</i> | <b>Regular</b> until October 9<br><b>\$15</b> (includes t-shirt, goody bag and finisher's medal) |                               |                                  |                             |
| <b>Bus Tours of the Marathon and Half Marathon Course</b>  | \$10 per ticket  |                               |                                  |                             |
| <b>Carbo Gala Dinner</b>   | \$40 per ticket  |                               |                                  |                             |
| <b>Post-Race Massage</b>   | \$20 for 15 minutes  |                               |                                  |                             |

**START TIMES** (Note: New start times for the Marathon Main Start)

|                   |  |
|-------------------|--|
| <b>6:30 a.m.</b>  | Marathon Early Start (NEW Time Limit: 5:30-7 Hours), Menzies at Kingston |
| <b>7:10 a.m.</b>  | 8K Road Race Wheelchair Start, Belleville between Menzies and Oswego     |
| <b>7:15 a.m.</b>  | 8K Road Race Start, Belleville between Menzies and Oswego                |
| <b>7:25 a.m.</b>  | Half Marathon Wheelchair Start, Menzies at Kingston                      |
| <b>7:30 a.m.</b>  | Half Marathon Start, Menzies at Kingston                                 |
| <b>8:55 a.m.</b>  | Marathon Wheelchair Start, Menzies at Kingston                           |
| <b>9:00 a.m.</b>  | Marathon Main Start (NEW Time Limit: 5:29 Hours), Menzies at Kingston    |
| <b>10:15 a.m.</b> | Thrifty Foods Kids Run Start, Kingston just off Menzies                  |

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| Dates  | Activity   |
|--|--|
| April 1 to October 10                        | Pledge Drive   |
| June 1 to October 1<br><b>5:30 - 7:00 pm</b> | Team Training Wednesday each week at the Community Office,<br>100-3060 Cedar Hill Rd                   |
| Likely June 25<br><b>6:00 - 8:30 pm</b>      | Team and Partner Kick Off BBQ at Target Storage, 505 Tolmie Lane                                       |
| June 30<br><b>7:00 pm after training</b>     | Team Fundraising Tips and Ideas Meeting over Appetizers  |
| October 1 & 7<br><b>9:00 am - 6:30 pm</b>    | Pledge Drop off and Pick up team t-shirt and team information for<br>event day at the Community Office |
| October 10                                   | Race Day   |
| End-October                                  | Halloween Event at Target Storage, 505 Tolmie Lane   |